

## May Call 2002

Wengen Switzerland

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Salutations to the Master who feebly transmits these energies to each one of us to cause subtle transformations and also to enable gradual emphasis of life from one of gross matter to subtle matter where light can be experienced, the splendour of creation can be comprehended, and the related joy will be cherished.

Let us recapitulate the very energy that is being transmitted on this holy day and also recapitulate the life of the Master who transmitted it to us. This is only to live in his presence as it would enable us to assimilate the energy transmitted.

The energy is essentially the mother energy. In the supra cosmic plane it is understood as the energy of *Varuna*. The *Varuna* energy is containing energy. Its counterpart *Mitra* is the content. These are the two energies which emanate from consciousness. *Varuna* is the left energy which in due course of time prepares planes of existence and also prepares bodies for the beings at all the seven planes of existence. All formations on the subtle and gross planes are presided over by the energy of *Varuna*. Eventually this energy is called South Pole energy, because it works with the subtle matter. The subtlest of matter is called *Mula Prakriti*. That matter is regulated and made to manifest under the guidance of the supra cosmic intelligence called *Varuna*.

That is why the Mother is also called *Varuni*. Co-incidentally there is a river called *Varuni* in South America which is named after this energy. Its counterpart *Mitra* resides in the forms that are prepared by *Varuna*. He is the indweller, the content. *Varuna* is the container. So, *Varuna* is the measure, and the energy is measured according to the container.

At the cosmic plane these two energies, the form making energy and the indwelling energy, are known as *Agastya* and *Vasistha*. *Agastya* is the correspondence of *Varuna*. *Vasistha* is the correspondence of *Mitra*.

At the solar plane they become grand planetary energies. *Agastya* energy functions as Uranus. In Sanskrit Uranus is also called *Varuna*. So, *Varuna* is there as a planetary energy at solar plane, and also the same name is there for its highest counterpart in the vertical line. And *Vasistha* energy manifests as Neptune. That is how there is Neptune and Uranus, and these energies are regulated by the *Ashrams*. The energy of Uranus functions through the South Pole, because it is the form-making pole. The Neptune energy functions through the North Pole. That is how there are two *Ashrams* for every globe, so also for the Earth.

The *Ashram* relating to the South Pole is called the *Ashram* of Master Jupiter. The *Ashram* relating to the North Pole is originally called the *Ashram* of *Mitra*, and now in this New Age it is called the *Ashram* of the Hierarchy. So, at planetary plane we have the *Ashram* relating to the indwelling energy as the *Ashram* of the Hierarchy headed by Lord *Maitreya*. He is called *Maitreya*, because essentially at the supra cosmic plane it is *Mitra*. *Mitra* energy is represented on the planet by Lord *Maitreya*. He works in relation to the indwelling soul and its consciousness, and the Hierarchy keeps informing about the reality of the soul.

The *Ashram* of Master Jupiter relates to the varieties of bodies that are prepared for the beings, and hence he works in close association with *Manu* who also works in relation in giving forms to the beings, especially to human beings. The evolution of form relates to the South Pole *Ashram*, the evolution of the soul relates to the *Ashram* of the Hierarchy. This is a very broad understanding.

I once again repeat:

The vertical lineage of *Mitra* and the vertical lineage of *Varuna* – at the source you can take that it is all light. That is the Mother of the World, the cosmic consciousness or universal consciousness. From that source two streams of energy flow in two opposite directions. One flow is called the energy of *Mitra* at the supra cosmic plane. In the subsequent plane *Mitra* is called *Vasistha*, and in the subsequent plane *Vasistha* is called the planet Neptune. In Sanskrit Neptune is called the planet of *Indra*, and at the planetary level it is Lord *Maitreya*. This is the vertical line of *Mitra*.

Then the vertical lineage of *Varuna*. *Varuna* in the subsequent plane of manifestation is called *Agastya*. In the next plane of manifestation *Agastya* is called Uranus, and in the next step it is called the Master Jupiter. One works through the North Pole of any planetary body. The other works through the South Pole of any planetary body.

So is the case with the human beings. From *Sahasrara* the North Pole energies keep working the manifestation up to the diaphragm. The South Pole energies function through *Muladhara* and prepare the vehicle. Their centres are up to the diaphragm.

This is a broad understanding. Please note, that at every level both streams of energy are present more or less, because any plane of existence cannot happen without *Varuna* energy.

So, the energy relating to Aquarius is essentially the energy relating to Uranus. It is form-making energy and is equally form-breaking energy. The one who makes the form, when he does not like it, he can break it. When a potter is making a pot, if he wants he can change it to a better model. If he feels the present model is not good, he can even break it. So, he can make it, he can break it. He can improve upon it. He is the scientist relating to form making.

That work is carried out with the help of *Varuna* in creation. They keep making forms for the beings. If the form is good, the beings enjoy. If the form is not good, the beings cannot enjoy. If you are given a good room in this hotel, you feel comfortable. If you don't get a good room, the habitant complains. Normally good rooms are only given, but the indwellers can make it bad. Depending upon our attitude each room emits different energy. There may be some rooms, where the windows were never open. There may be rooms, where chocolates, biscuits, cheese, fruits, etc. are eaten, and there may be some rooms which are not kept in order. There may be some rooms, where candles and incense sticks are burnt, where the windows are open, and beds and chairs are kept in order. Everything is in its right place. If you make an inspection of the rooms in the hotel today, each room is a speciality. It is according to the indweller. So, the indweller can spoil the form. The knowledge comes from the *Ashram* relating to the indwellers, how to behave in the given room! That is "*Patanjali Yoga*" and "*Bhagavad Gita*".

But there can be situations, however best the indweller tries to live within the room, that the hotel is built in a manner that the room does not provide adequate light and does not

have adequate toilets, and there is an inherent defect in the room and its layout. So, however much the indweller struggles not much light can come. What are we to do? If the guest of the hotel wishes to have a second window in his room, he can't break the wall. He will be straight away taken to the police station. But there is the management of the hotel who can say that the habitants of the hotel are not happy and we have to conceive a better model, where there is much light and good view into the outer nature, and good colour combination in the rooms, enough ventilation for the bathrooms. Then they can remodel or rebuild the hotel. That is exactly the work of the South Pole *Ashram*.

The present models are not fit enough to experience the incoming light. It is therefore decided in the highest circles: "Let us restructure things." Even in an organisation, if the present structure is no good, we have to restructure it. We cannot go on with the same structure which is not convenient. Same is the principle at highest circles. That does not mean they follow us. It means that it is so in the highest circles, so we also get similar thoughts. How much structure has been changed during the last two centuries. Kingdoms have fallen, military rules are almost extinct except here and there, authority is immediately questioned at national level, regional level, business level, social level, spiritual level – at all levels, because the structure has to be flexible enough and should enable free play of energies. Otherwise it has to change. That is how the South Pole energy decided that this planet is not progressing as it should, and the planetary beings are also not progressing as they should, and something should be done to help them.

Then the message came from the most high office! The *Mantra* is: Restructure! Improve the model! Find a new model! 'New Model Pituitary'. Let us change things! It is about time that change happens, because the present structure served its purpose, but it will not serve the purpose any more. Let it be put to change! Change for the better! That is why there is such an upsurge ever since the advent of Aquarian Age. People broke away from the suppressed morality. Artificial morality is revolted against. So, there is an upsurge of sex and disobedience to elders, questioning of the traditions, a kind of 'I don't care' philosophy, sexual aberrations, interracial, intercontinental marriage – so much demonstration to show a break away from the old system.

When a change is contemplated, until the technology is completely known, a change can be for the better or for the worse. There are always advocates. Whenever there is a change proposed, you find two kinds of people. One says that a change is dangerous. It would be for the worse. Then the other says, "No, it would be for the better. Let us give a trial. Even if the trial costs something, the present structure is no good." Don't we discuss like that, when there is a change of structure proposed?

Thus there is the advent of Aquarian Age, where man started showing independence. The impulse came through both the channels, through the channel of *Mitra* and also through the channel of *Varuna*, and hence the souls started looking for fresh air, independence, etc. The *Varuna* Hierarchy they have concurrently decided to change the forms. That energy found its expression into our planet through the Southern Star which is called the Dog Star or Sirius. It is in the South in relation to our planet. So, through Sirius, not from Sirius, there are constellations which are related to *Varuna* activity, and there are also constellations which are related to *Mitra* activity. Sirius is located in Scorpio. So, the energy finds its expression through the Mother to *Varuna*, through *Agastya*, through Uranus, through the Sirius system, through the South relating to the planet and the beings on the planet. The South is the heart.

I will repeat for your benefit:

Heart is the South, the cranium is the North. The South is called *Dakshina*, the place of compassion, East is *Ajna*, West is *Muladhara*. So, through the Leo constellation in the South to the Central Sun of Leo constellation which is called Regulus, the energy entered into this planet and that was to be received for distribution. The *Varuna* energy via the form-making Hierarchy through Sirius, through the Central Sun of Leo called Regulus chose to enter the heart of the planet, and it needed to be received and distributed to the planet and the planetary beings. To receive that energy and to distribute that energy people who gazed before they thought that they would prepare a vehicle for the purpose.

Thanks to Madam Blavatsky who is well linked to the Hierarchy could inform to many seekers that during the beginning of the 20<sup>th</sup> century the energy would enter into the planet and there would be an Avatar who would conduct that energy for the benefit of the planet and the planetary beings. Having known this the followers of Madam Blavatsky thought that they could prepare a pure vehicle to receive the energy. It was a good intension, and they tried to prepare a man who was born in a pure family, trained him, put him to a very rigorous discipline to all regulations of purity, and he also was cooperating, because something very big was promised to him. But the energy has its own plan. It knows whom to choose and how to manifest. Human effort is okay, but the divine plan has its own freedom of choice and freedom of expression.

Even before the energy was to visit the planet, a great initiate from the *Ashram* of Master Jupiter was briefed of the plan, and as a consequence he took birth 42 years before. He took birth in 1868. And he chose to take birth in the same place where the Aquarian energy visited earlier. As we all know these Arian, Piscian, Aquarian Ages, they repeat themselves once in 25 000 and odd years which is called the Great Year.

So, the previous visit of the Aquarian Age also enabled a sub-root race of humanity to experience the Aquarian Age. At that time also the energy entered in a place in South India. The Aquarian energy is called the energy of *Khumba* in Sanskrit. The sun sign Aquarius is known as *Kumbharasi*. In the earlier cycle, when the energy entered in a place in South India, since that time the energy is known as *Khumba* energy. In Sanskrit they name it *Khumba*, because the astrological symbol relating to Aquarius is the pot from out of which waters come incessantly and eternally.

Since the energy visited that village in the earlier time, that place is called the 'Aquarian angle'. Aquarian angle is *Khumbakona*. *Aquarius is Khumba, angle is Kona*. That is how the name of the village came to be *Khumbakonam*. The Master who came from the *Ashram* of Master Jupiter he chose to take birth in *Khumbakonam*, and he chose the month of Leo and also the full moon of Leo to be born. We know from the books of Master *Djwhal Khul* that Leo full moon is the future festival.

Master CVV was born with Sun in Leo and Moon in Aquarius on a full moon day of Leo in the month of August in the year 1868. By 5 years time he was initiated into *Gayatri*, and by 18 years he accomplished the entire *Vedic* literature. He also learnt classical English language. His mother tongue was Telugu, and since he lived in a land where Tamil is spoken, he also knew Tamil. So, he knew Sanskrit, English, Telugu and Tamil. He was born in a very rich family, so rich that he owned as many as 30 houses in *Khumbakonam*, and he lived a very splendid life. Besides *Vedic* knowledge, where he touched the heights he also reached great height in music.

Though initiated into *Gayatri* he took special interest in music and was specially connected to Lord *Krishna*. Daily he performed a ritual to *Krishna*. He was traditional and was accepted in all the scholarly and religious circles. By virtue of his multi-faceted personality he was frequently invited by the provincial king. Since he also belonged to a rich class of people, there were frequent dinners he was hosting to people, and he was very fond of serving food. It is one of the common qualities of every great initiate to cook and serve with love and in abundance. There was never a dinner in Master CVV's house where there were less than 16 courses. So, he lived in such grandeur and in such style.

Master CVV was the most admired man in the town. When he was singing at the banks of the river Kaveri, people who listened to him were forgetting themselves into ecstatic states. They were mentioning that similar situations were described in the scriptures about *Krishna's* flute music. Anything he touched he showed the heights of it.

He also became a member of the Theosophical Society, because the society was established in *Khumbakonam*. *Khumbakonam* was a seat of learning till very recently. Many great *Yogis* were born there. It is called a temple city. You find there so many ancient temples, huge in their size. *Vedic* knowledge was a common knowledge in that town, and hence the Theosophical Society was also founded there. Master CVV was holding the Theosophical Society for some time in *Khumbakonam*.

As a member of the Theosophical Society once he visited Adhyar and made a contact with Madam Blavatsky, because she was needed for his plan which would eventually be worked out according to a time plan. He just visited, had a contact with the Madam and returned. The Madam was lecturing under the banyan tree at Adhyar, whenever she was in Madras. Master CVV went, when the lecture was on, and then joined the last row. Looking at the Master Madame Blavatsky got absorbed and became silent for a while. The Master left, and the Madam continued the lecture.

Master CVV was so popular in all the circles, in the *Vedic* circles because of his knowledge in *Veda*, in the cultural circles because of his knowledge in music, in the social circles because of his expense of energy, and even in the circles of those who governed the province. He was also elected as the mayor of the town, and even today, if you see the records at the mayor's office, you will find him signing those lists of mayors.

He was happily married. He had certain children through the first marriage, and the lady died. Then there was a second marriage proposed to him, and the lady whom he married for the second time held the etheric body relating to Madam Blavatsky to cooperate with the work of the Master. It was a higher arrangement and understanding as between the *Ashrams* that Madam Blavatsky should cooperate in the work relating to Master CVV.

On 30<sup>th</sup> March 1910 the Halley Comet came very near to our Earth and touched the planet with its tail exactly during the midnight hours Indian local time. Everyone was at sleep, but the Master was waiting for that moment over years. He was 42 years of age. Six cycles of seven years were over or the last part of the 6<sup>th</sup> cycle. The 7<sup>th</sup> year relating to the 6<sup>th</sup> cycle was on. So, he was waiting for all this period, and he was well prepared for the evening to receive the energy. Consequently after the family went into sleep, he came out of his normal sleeping room to the front room and sat quietly in the same posture as we see him on his picture. During the midnight hours, when the tail of the Comet was touching the planet, the energy was transmitted to him, and there was a big sound like a thunderbolt falling on his house and the related lightening. People felt that a

lightening has struck his house. There was a big sound. People in the colony woke up, and they wanted to see what has happened. Nothing has happened. The house was not destroyed, and they found the frontal room window open. When they saw through the window, they found the Master sitting in his posture.

This posture is called *Virasana* which is taken to by *Raja Yogis*. There are *Siddhasanas*, but the speciality of *Raja Yogis* is that they take to *Virasana*. There is something royal in them inherently. This posture suggests an exuberance of self-confidence, but not arrogance. So, the Master was sitting in that posture and was completely filled with light. The whole room was filled with light, and he was sturdy like a stone. People thought they should come next day morning and enquire what happened. Next day morning the neighbours came and asked what exactly happened with him last night. The Master said, "The purpose of my taking birth has come now. I am to accomplish a plan. So long I demonstrated the splendour of living, wisdom, culture, domestic responsibility, social responsibility. Now hereafter I have a different course of life. The work now I do relates to the entire humanity and also relates to the planet."

Such statements coming over night from a person can never be accepted by people. They thought the Master has some astral disturbances, some kind of astral aberration. The Master removed his hair, removed his headgear, took to tonsure, and ever since he remained in that same appearance. The demand of the plan was such that he could no more attend what he was attending to before: no more wisdom acrobats, no more *Vedic* altercations, no music program, no social activity, except giving food to large number of people. All other things he put aside. He had a beautiful *Krishna* statue made up of five metals which he was regularly worshipping. He gave it to his family members and said, "Hereafter you worship *Krishna*. That will take care of you for the next generations." Of course, eventually, they did not.

Master CVV is now a kind of *Krishna* consciousness. That is the experience of Master EK, because Master EK experienced *Krishna* consciousness, and later he came into contact with the energy of Master CVV. In his book about Master CVV he wrote that the same muse which he experienced with *Krishna* he found with Master CVV.

The Master having received this energy started working with it by himself. He thought he should completely assimilate the energy and make a detailed plan for its introduction into the planet and into the human beings. The energy came during the midnight of 30<sup>th</sup> March. So, 31<sup>st</sup> March and the entire month of April make 31 days, and then up to 28<sup>th</sup> May makes 59 days. On the 60<sup>th</sup> day, that is on 29<sup>th</sup> May in the month of Gemini, he decided to distribute and transmit this energy, because Gemini carries the energy relating to the throat centre, and humanity relates to the throat centre.

Anything you do for humanity you shall have to do it in the month of Gemini. Those who knew *Vedic* astrology knew it well. Please remember, Master CVV was an excellent *Vedic* astrologer also. So, he preferred the month of Gemini. This is because the energy is Aquarius which relates to the airy element, and he chose another airy month Gemini to transmit the energy. Moses also chose the month of Gemini to disseminate the knowledge that came to him from God. Jesus also did the same to initiate a group of disciples in the month of Gemini. All great ones knew very clearly the energies presented through all the 12 sun signs. Now today thanks to Master *Djwhal Khul* many groups in the West celebrate Gemini full moon as the full moon of humanity. The secret is very well hidden in the *Vedic* astrology.

The entire month of Gemini is a month of initiation for human beings, because the human beings have to be lifted up from the passionate air of Libra which is around the solar plexus. They should be lifted up to the mid-air which is in Gemini. So, the lift-up is from solar plexus to the throat centre. That is the call. Throat centre is the centre of discipleship. So, he decided to initiate humanity on 29<sup>th</sup> May.

But in-between the period 31<sup>st</sup> March to 29<sup>th</sup> May the Master conducted so many experiments. He wanted to experiment with the energy that was transmitted up to him. He called the very energy that visited him as 'The Master'. So, whenever we speak of 'The Master', we speak of this Aquarian energy conducted as the quality of Uranus. The ray of Uranus is the sharpest ray in creation. It is an inter-penetrating energy. Nothing is a hindrance to it. It can enter even into the densest of matter and cause the necessary transformations. That is its power, the power of Uranus.

The Master tried to work with the power of Uranus, and he established it well in his heart centre. He found that heart can be stimulated with this energy, and consequently the life principle can be strengthened, blood streams can be transformed, and life can be extended. That is the first understanding. He found that the energy of Uranus can transform the blood, make it purer, make it stronger, so that the blood streams receive the freshness of life, and the life of the beings can be extended. He said, "This is a good way to extend the life until the practice relating to *Yoga* is complete."

He related the energy to the *Kundalini* in him, and he found that the *Kundalini* force which was very abundant in him multiplied itself into great dimensions. He conducted experiments to reach with his *Kundalini* the Earth *Kundalini* and later the *Kundalini* of the other planets, the *Kundalini* of the solar system, and the *Kundalini* of the cosmic system. That was amazing. He therefore built a bridge to receive from the most high life principle by linking up cosmic *Kundalini*, solar *Kundalini* and planetary *Kundalini*. That was an excellent accomplishment by him of the energy that visited him. He was a scientist, not a mystic. Master CVV shunned mysticism. He was working with science. He was very scientific in his experiments. He checked and rechecked the connections that he accomplished.

Frequently he was getting out of the body through the thread of *Kundalini*. Many times people thought he was dead, but he was not. 18 times he demonstrated that he would not die. At will he could leave the body, and at will he could enter into it. He found a possibility to invoke plenty of life into himself and distribute such life to the surrounding beings. So, the energy was utilised to know the secret of freshness of life and also the secret of healing. He was a master healer and demonstrated many varieties of healing which are done by great initiates.

His son *Chandu* who was some months old, was used by the Master for experiments. This *Chandu* is a cosmic dweller, and he came to cooperate with the Master. Along with *Chandu* the Master conducted varieties of experiments. He could enter into any planetary system and know the details of those planetary systems. He could enter into the system of his wife and also found out the deficiencies in her system. The Master gave her courses to rectify the deficiencies. When he was experimenting with *Chandu*, frequently during the night hours many beings were visiting him from Himalayas. When his wife saw and asked, who they were, he said, "They are all great beings from Himalayas, and we are holding a conference as to how to network the energy that I have received." The ultimate networking that was decided between Master CVV and the Hierarchy is presented in the small book "Initiation – human and solar" by Master *Djwhal*

*Khul*. The lady was interested to know more, and she also wanted to get initiated into that path. So, along with his son and his wife Master CVV was doing certain experiments.

After having known the chief purpose of the visit of the energy and also having conceived the plan relating to working with the energy, the month-old baby *Chandu* decided to return. He took the permission of the Master and left the body. The mother was unhappy – mother is mother! She said, “I cannot part with him. With the help of your *Yoga* please bring him back.” So, with the help of the energy the Master could bring the boy back to life. The boy lived for a few more months and conducted further experiments with the Master.

Together they experimented with the energy of Saturn. Frequently either the soul of CVV or the soul of *Chandu* were visiting the planet Saturn. One went there and transmitted the characteristics of the energy, and the other would record it. That is how Master CVV’s book-notes are full of mystical notes. He wrote in a language which is not understood by any. He very sincerely made notes. He used to put the day, the date and also the time and wrote the experiments of that day and also noted his findings relating to that day. As far as Saturn is concerned they found that the planet relating to our solar system is not adequately functioning, and hence the gross physical bodies we have are causing a limitation for the evolution.

They have also conducted experiments with Venus and came about with better solutions to improve the etheric bodies of the human beings. At that moment the boy left again the body. The mother again pleaded to get the boy back. The Master went into meditation and ascended into the planes, reached the boy who is really no boy, but a great being. He said that the mother is calling him back. Then the great being said, “You know who I am. You also know why I have come to you. The work that we have to do together is over. You know that. Why do you want me to come back? I obliged once. Do you want that I oblige her again? Instead I suggest that you send her here. She can see me in my real form and get out of the illusion that I am her son.”

The Master returned and has put the lady into trance, so that she reaches those levels where *Chandu* was existing. On the way at the mental plane the lady was tricked, that her son already returned home and that he was living in the baby form. So, the soul of the madam was coming down. The Master saw that she was tricked. He said the *Mantra*: ‘Trick the trick’, so that the trick that has tricked her got neutralised. He again arranged for the ascent of the lady. When she saw the soul that was in the baby form, she could recognise him by energy. The great being told her the purpose of his incarnation and that she should not insist on his return. The lady was satisfied, and she returned.

Later the lady of Master CVV called Venkamma was also put to many advanced practices by the Master. Sometimes she was not able to withstand. Then *Chandu* informed the Master: “Please do not go too far with her as you have done with me. You and me are a challenge for anything, but not she. She has certain limitations coming out of a Western psychology. Please go slow with her. She will develop gradually, but not at such a speed as you are proposing.” So, thereafter the Master left the lady to her own pace.

By that time he has learnt about the very purpose of the *Yoga*. The purpose was found in rectification of the physical sheath of the human beings and in quicker development of



the etheric body. For that the technique was conceived through sound, and he was to give the energy to people. Those who were his friends came for initiation. He used to give the *Mantra* 'MASTER NAMASKARAM'. After some time the Master energy suggested that he may give the *Mantra* as 'MASTER CVV NAMASKARAM'.

That was the *Mantra* which Master CVV was giving, and he gave out the technique and the regulations relating to the *Yoga* commencing from 29<sup>th</sup> May, 1910. So, this is the 93<sup>rd</sup> May Call and the 15<sup>th</sup> in Europe.

When he gave out the *Yoga*, he gave the process and the regulations. He said, "Take to a comfortable posture, gently close your eyes, utter forth the *Mantra* consciously at the throat centre, and see the movements that happen within the body. As long as the movements keep happening, you cannot open the eyes, even if you wish,. When the work is done, the eyes will open. The initiation is through the medium of sound, and the work of the sound is to start the engine in you. The sound when consciously uttered will stimulate the energy of Uranus in your heart, and that will cause the related changes in the body that happen according to the need of a particular body. The repair of the body is done according to the priority. When the repair is fairly done, the movement of the energy will be experienced as heart throb. The heart throb of Master CVV was listened in the street also. Such strong was his functioning of the energy.

He was putting people to this process. Slowly the etheric experiences would come, when the practice was done regularly. He suggested to do this practice regularly twice a day. When once it is done, its action will be there feebly in you up to 12 hours. So, again before 12 hours you have to renew it, so that the repair work or transformation work continuously happens. The energy functions for 12 hours. Before completion of 12 hours you have to do it again, so that it is renewed. If it is done like that without break for five years, there will be the grip of the *Yoga* in you, because the five senses are fairly under control of the energy, and many changes will happen in life which you should accept. The student is told before: "Changes will happen around you. If you are ready to accept them, take to the initiation."

When changes happen take it that it is the Master energy that is changing your personality life for the better. What is utterly undesirable to you, will be immediately cut off. If there is an undesirable association, it gets cut off. If the job you are doing is undesirable, you will lose the job. If the present activity is not at all good for you, it will be burnt up. All is done with good will. Understand that the changes are done by the energy to save you from a future danger. Conduct the prayer in the morning and in the evening. The prayer of Master CVV is not meditation. People asked, "Is this a kind of meditation?" No, this is not meditation. If you want meditation, you can go to 6<sup>th</sup> chapter of *Bhagavad Gita*. This is a new *Yoga*. It achieves the purposes of *Yoga* faster. This *Yoga* is not different from the ancient *Yoga*, but in relation to the process it is new. It is received afresh for the benefit of the people. Take it and work with it. There will be quicker transformations.

So, the first aspect which is recommended is to regularly utter forth the sound twice a day minimum. He said, "Don't do it too many times, because you may not be able to stand the energy. You may grow crazy, if you try to be excessive with it. If it is twice daily, it is enough, but you should ensure that you adopt to timings which are continuous." He picked up 6.13 in the morning and 6.13 in the evening, and Master EK adjusted it to 6.00 o'clock.

The Master gave a few regulations which would enable appropriate progress. The first regulation is:

**Accept life as it is! Learn to wait! Don't complain!**

Don't say I should be like this, I should be like that. Whatever you should be you will be, if it is good for you. If it is not good for you, even if you weep for it, it will not be given, because the energy is more concerned of you than all your fancy desires. The job you have just accept it. The wife you have just accept. The husband you have just accept. The children you have just accept. You don't decide what is good, what is bad, because you don't know. Acceptance is already 50% accomplishment. Our problem is: ignorant choice.

Learn to accept and wait! What is due to you, will come to you. Don't go up crazy and search for things. Everything will come to your door step. Keep doing this practice and learn to accept life as it is, and learn to wait. Don't complain that I don't have a good wife, I don't have a good husband, I don't have children. It is better not to have children than to have monsters as children. Who knows? Since we are fond of children, we may ask for children and work for them, and they can make our life a hell. Isn't it? Then you can't say, "I don't want children." Now it is all over. Don't grow crazy for a life partner. If it is good for you not to have a life partner, it will be so. But if it is good for you to have a life partner, it shall come to you. Just learn to leave and live. That is manliness. Only the fearful and anxious ones run around crazily looking for things, looking for spouses, looking for jobs, looking for businesses. Don't look for it. Things will come to you. That is the first regulation for daily practice. Whatever you need will come to you. Have confidence in the nature and in the divinity. The runners are losers. Those who gain have gained through their ability to wait. Situations will come to you, and don't be lazy to respond to them.

Did anyone of you asked for CVV? How did he come up to you? Similarly everything will come up to you. The best gifts of the Master will come to you, if you are not a beggar. We have learned to be beggars. That is why it was said, "Ask, you shall be given." That was the past statement. The present statement is: "Don't ask and don't be a beggar. Don't reduce yourself to a beggar. Just be! Wait and work with the energy! What is for you will come to you. There is a great relief in this attitude of life. And don't think you will be kept lazy, if you don't go and do things. People think, if we don't go and do things, we become lazy. You won't become lazy. You will be put to much more work. You will be entrusted with work which is useful to you and to the people. So, the first regulation is: Accept life! Learn to wait! Don't complain! Complains do not help. Complain arises out of lack of agreeability. Your lack of agreeability is your inability. Learn to agree with it! That will make you strong. If more things are disagreeable to you in life, you are the weakest being.

The second regulation is:

**Don't go and ask people I want this!**

You can ask your elder brothers. You can ask the Master. Don't ask others. The asking business better get rid of it. If you have an intense desire, you submit it to Me! If it is good for you, I shall ensure that it happens to you. If it is not good for you, I will relive your mind of that desire. Both ways it does good. His scheme is that we thin down our desire body. This is how I understand. He says, "Don't look for your personality desires

by yourself. Whatever is desirable to you, will come to you. But be alert to respond, when it comes to you. When an opportunity knocks at your door, don't say 'No' to it, and at the same time don't run out of the door every time. When you have this attitude in life, the *Kama Sarira*, the desire body, which is a great obstruction between the vital body and the physical body, between the etheric body and the vital body, between etheric body and physical body, it will destroy all the three bodies. Excessive desire is not desirable.

There are veterinary teachings which say: "Kill the desire!" It is veterinary, beastly. Anything you try to kill will kill you in turn. Don't kill it. Desire is divine. If there is no desire, you can't even desire the divine. To desire the desirable things, you need the desire body. But once you have the desire body, you may desire undesirable things.

There are some very hard paths to truth, where killing of desire is said. *Raja Yoga* path says: Regulate the desire! Regulating is important, not killing things. Kill the sex! Then you will come back next life with vengeance for sex. Why there is so much of uprise of sex today? Because it was suppressed by wrong teachings! Wisdom tells us to regulate, but not to suppress, to kill, etc. In so far as your desire is moderate, it enables you to nourish your body properly.

When we do not know how to desire, we cause problems to our vital body, and consequently to our etheric and physical body. That is how we die. That is the reason why desire has to be set at its moderation, if not to its minimum. Then the energy which is invoked through the *Yoga* is transmitted exceedingly well from the vital plane to the etheric plane and to the physical plane. That is how the bodies become healthier and stronger and become fit for *Yoga*. Any deficiencies in these bodies the Uranian ray will rectify, because it can penetrate. So, to keep the desires regulated is the instruction of *Raja Yoga*.

Master CVV says, "Submit your desires to Me, and whatever is good for you will come to you."

In my life I have thousands of such examples. Till date I have not chosen anything. Consequently undesirable things did not come in abundance to me. I don't say, undesirable things did not come to me, but they could have come in abundance. So, the ability to wait and the ability to be alert and not to ask for anything in the society are the two regulations.

The third regulation is:

**If possible, within your resources, keep helping the surrounding life.**

That will strengthen you further. The resources that are gathered around you, unless you intelligently distribute them away, they will condition you. They will slowly manipulate your mind. What is the problem with the third ray? The third ray problem is our inability to intelligently utilise the resources that come up to us. Either we amass them or hoard them like the avaricious and miserly or we spend them away irresponsibly. Either way you are not helped.

The only way you remain in good poise is to know that the resources that have reached you have come to you because of the divine blessing, and appropriately utilise them for the surrounding life besides using them for you. Use them for your person to the

comfortable level. Master CVV does not say 'minimum level'. He says 'comfortable level', but at the same time ensure that the comfort is not reaching the level of luxury. He recommends comfort, but he does not recommend luxury. He does not want you to have a very poor demonstration of your life. He would like to see you as a dignified person and a person who is inclined to help others within the resources.

So, keep helping with the resources you have. Some have more resources, some have less resources, but if you demonstrate your keen interest to help others, you receive resources in abundance. More and more is entrusted to you, because you demonstrate to the degree of confidence of the higher ones. Whatever is given to you will be put to good use. When that confidence is established in the higher circles, slowly the treasures of nature will be opened to you, and you will be a channel for distribution of these resources into areas where they are needed. There is so much that can be done today in the areas of food, clothing, education and shelter to the fellow beings, and there is a lot that can be done to the plant, animal, water and the surroundings. There is enormous scope for service.

Utilise your resources for use and for the benefit of the surrounding life instead of irresponsibly spending or accumulating them. Those who accumulate and those who spend away irresponsibly they don't learn the right lessons of life, and they shall be denied of resources. Nature entrusts bounties to those who behave well with what is already entrusted. Don't say: "I have nothing to distribute." You have a body. If you can't give money or skilful services, you can offer your body for physical service. So, please see what resources you have within you as bodily service or any skills, or money resources, or contact resources, or resources relating to wisdom – whatever you have you should learn to distribute to others.

The fourth regulation is a very common regulation. It is there in every scripture:

**You see the One Divine in all including yourself.**

Even if others see you differently, you continue to see the divine in them.

These are the four regulations and there is one practice. Being Aquarian he simplifies the whole thing. But as you keep practising, he says which is very true: "From within you keep getting proposals of goodwill." He says, "I shall guide you from within. From time to time what you have to do, what you have to study, where you have to go, everything will come to you from within. Don't think I leave you without teaching you about cosmogenesis and anthropogenesis. I will make you a prestigious occultist. I will ensure that you are as much as I am. It is not just practice of *Yoga* and immortality, but the ultimate realisation of truth and the knowledge of the cosmos and the knowledge of man shall be taught to you from within."

How he teaches is: He gives you an impulse to study "*Bhagavad Gita*" or "Secret Doctrine" or any teaching that is available on the planet which contains the truth. He does not limit his suggestions only to Indian scriptures. He will ensure that your comprehensions widen and widen so much that you become universal in your thinking.

People have asked him, "What are the other things that we can do besides this?" People have a lot of *Rajas*, so they always ask something more than what is said. "Other things are of your choice. If you are inclined, you may learn many other things, but what you have to learn, I shall teach you from within." That is how *Vedic* hymns are learnt, that is

how Old and New Testament are read, that is how rituals are learnt, that is how fire ritual is also learnt, that is how service is learnt, that is how teaching is learnt – everything is due to the inner support, and he would make you do thousand things and none of them will be useless. And commentary about any scripture becomes possible with this energy. Even in your profession you shall be unique, because you are associated with this energy. Your colleagues in your profession will always find you a mystic one who gets the best of things, unasked, while they crave for them. He puts you on a very kingly way, the royal path. This is the experience of Master EK, and this is my personal experience.

The latest event I just narrate to take away the monotony:

Our sister Tiziana she is one lady who cares for my comfort, and there is no equal to her in the West. She always suggests that I travel by business class. I always tell her, that I am not a business man. Leave me with economy. Economy is already a comfort to me, and Swiss Air is a luxury. So, put me to business class, I will be uncomfortable. She never fails to ask me, and I never fail to say 'No', because I personally don't like to be treated specially, because already there is a lot of special treatment to me everywhere. I take it as Master's blessing and sometimes as Master's joke on me, because he would like to see how I behave, if I am put to excessive comfort.

As usual this time an economy ticket was bought. My threat to her is always: "If you by chance buy business class, I don't mind cancelling my tour. When people ask me from the group, 'Why have you suddenly cancelled?', I will tell them that it is because of Tiziana." I have my own way to cause terror. She knows that I can do such things, because she has seen.

So, the economy ticket was sent to me. I came to Bombay. She introduced me casually to the captain of the flight. She said, "This is my teacher of wisdom." Normally they don't care. You are a teacher of wisdom? So what? But he kneeled down and started talking to me. I was sitting, he was standing. He sat on his heels which I can never do, not because I don't want to, but because I cannot. He said, "You are welcomed in our flight. Please come by our bus. You don't have to come by separate car to the airport." He ensured that I get the first seat in the bus, and he told Tiziana, "Put your teacher in the first class." That is the Master's joke! So, I have to travel in first class with economy ticket. Economy ticket is groups' welfare. First class is Master's pleasure. Such things do happen many times as Master's joke.

I tell you this, because there are so many things that happen in life which you could have never imagined to have accomplished. If only you stop desiring. Unless you stop desiring and asking for things, you are already rich, when you don't beg. A poor man who does not beg is richer than the richest of the city.

So, many things the Master makes you learn. It starts simple, but it expands to unlimited extent. He would make you learn astrology. He would make you learn etymology. He would make you learn other theologies. This is how he pushes you from within, and you feel that it is you who gets this inspiration. You get inspired to learn these things. You are also pushed to learn homoeopathy. You know in the initial stages of homoeopathy my experience was: I have first decided to read one drug a week, to thoroughly study the characteristic of one drug after studying the philosophy. It is such an arrangement till the next week I used to get patients either by telephone or by person asking for medicine which was just suitable to the drug that I had studied.

For example, you study Bryonia, by the evening there is someone who comes up with symptoms where Bryonia is to be given. You feel encouraged, and then you study further and further. Likewise, you receive the impulse and you work with and gain many sided wisdom. And it is you who is working, please remember! He gives you the impulse from within, and if you don't respond, no further impulses will come. If you are lazy to implement one, another impulse will not come. That is the reason why you are strongly recommended by Master EK to keep a diary. Master CVV did not speak of a diary. It was Master EK's experience. While in prayer you receive certain instructions which after the prayer you may forget. Therefore keep a note-book and make a note of it. If the instruction is to study a particular teaching, make sure to study it. If the instruction is to do certain things try to implement them. Depending upon the inclination to follow, instructions keep coming, messages keep coming, and it is a beauty that the entire "Spiritual Astrology" from the first page to the last page came as a dictation to Master EK from Master CVV. And it remains to be the best book on astrology and will be the most popular book in the times to come. The secrets it has are unlimited.

I am just saying these things to show how the Master pushes you from inside. If you are alert to follow, you expand in every direction: in your professional direction, your domestic life quality improves, health improves, social activity improves, the measure of service you do improves very rapidly. That is why we need to maintain a note-book for any possible impulses that we receive from inside. Then you can put them to practice.

The Master started initiating the persons who were asking for it. He could initiate up to 720 persons, because it was all very strange and peculiar to many, and he was saying that his work was global. Every day as he transmitted the energy to the people before him, he concurrently transmitted energy to the planet. He distributed the energy into the mineral kingdom for its rapid evolution and also to the plant and animal kingdom. He established the energy in the ether around the earth, so that the influence of the energy is global, and those who have intuition will invent things faster. The inventions of 20<sup>th</sup> century are not small. Whatever was achieved by humanity from 10<sup>th</sup> to 19<sup>th</sup> century was not equal to what was achieved in the 20<sup>th</sup> century, and in future what is achieved in the last century will be achieved in 10 years. The time shrinks. The speed is more. We cannot imagine what will be at the end of this century.

The Master said, "In 240 years man learns to fly." That will be the beginning of the death of air-lines. When he started giving *Yoga*, that was the time, when aero-planes were invented. He was also saying that man would know the secret of death. Man would overcome death. Man would know that he is an eternal entity and keeps incarnating to experience the splendour of creation. Things will change in such rapid way that colonialism will die, authority will die. More and more common people deciding the social activity will emerge. Changes are rapid and such changes will happen in every theological tradition, and those who resist the change will suffer. It is better to know what is good and change for the better. Traditions based on superstition will have to die.

He said that his path is the path of direct knowledge. He would not allow any mystical things, he would like everything scientifically known. Naturally Uranus is totally scientific. The grand Master of science in creation is Uranus, and the grand Master of mystery, muse, ecstasy is Neptune. So, the mystic will be taken out, and everything will be seen as science first. When the science is perfectly practised, it will result in the art and the related joy, the related muse and the related ecstasy. Uranus will pave way for the ultimate Neptune experience of *Ananda* which is the causeless state. Until that the work happens.

For the moment this is enough for us to know. It is a good recapitulation as to how it all began, and how it started working. It was transmitted to the Hierarchy which you can see from the book "Aquarian Master" how Lord *Maitreya*, *Vaivaswata Manu*, Master *Khut Humi*, Master *Morya*, *Mahachohan* – how they formed triangles and conducted this work.

The cryptic scientific statements of Master CVV according to my understanding are excellently elaborated through the teachings of Master *Djwhal Khul*. This is my experience. Whatever he said cryptically, you find voluminous explanations by Master *Djwhal Khul* to meet the intellect, and the *Yoga* to be carried from person to person is continued by Master EK via Master MN. Hence when we speak of Master CVV and his *Yoga*, we should necessarily speak of Master MN and Master EK. That is our access to Master CVV. Master EK, Master MN shall have to be recollected and adored before we utter forth Master CVV. That is why your prayer includes the invocation of the three plus the One, the Master. The first utterance is 'Namaskarams Master', that is the address to the energy, then Master EK, Master MN, Master CVV.

To link up this work to the hierarchical work Master EK has given *Gayatri* also. To establish good student-teacher relation Master EK also proposed the teacher-student invocation coming from the *Upanishad*, that is *S'am No Mitra S'am Varunaha*. To link up to the groups that are inspired by Master *Djwhal Khul* the Great Invocation is also included in the morning prayer. So, we start with the energy of CVV and end up with the energy of Lord *Maitreya*. We are therefore trying to work in synthesis: working with both the *Ashrams*. Master *Djwhal Khul* and Master EK, they are the bridges between Hierarchy and Blue Mountain *Ashram*. Madam Blavatsky also worked as a bridge. So, this is all one work relating to the evolution of humanity distributed as between the Great Ones. This is one understanding.

Thank you!